

Fresh Ideas featuring:

Fresh *Fruits*
from *Chile*



Avocado, Chicken and Mandarin Lettuce Wraps

8 iceberg lettuce leaves.

24 fresh cilantro leaves.

1-1/2 Cups cooked chicken.

1 can (15 ounces) mandarin oranges, drained.

1 green onion, chopped.

1 ripe Hass Avocado, peeled, pitted, chopped and tossed with lemon juice.

Prepared Asian dipping sauce

Trim lettuce leaves at stem end making about 6 to 8 inch long wrappers. Wash, drain and chill. In bowl, combine cilantro, chicken, mandarin oranges, green onion and avocado to make filling.

To serve, place a spoonful of filling in lettuce wrap. Drizzle with dipping sauce. Roll and enjoy.

Serves: 4



Chilean Fresh Fruit Association
www.cffausa.org/foodservice

