

*Fresh Ideas featuring:*

Fresh *Fruits*  
from *Chile*



### **BERRY BLAST SMOOTHIE**

1/2 cup each, Chilean blueberries and Chilean raspberries  
1 cup Chilean strawberries, stems removed  
1/2 cup vanilla frozen yogurt  
2 oz. orange juice

Blend all ingredients together in blender on high. Serve immediately.

Makes 1 16 oz. Smoothie

